



Preparation of tissue slides

Subject name: Practical Pathology

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Preparation of tissue slides

First practice lesson

Third class-First course

Histology

- Histology: Greek: 'histo' = tissue; 'logy' = science
- The science that studies different tissues composing different body organs, and the normal structure and cells composing these tissues under light microscope
- Organs usually composed of more than one type of tissues
- Tissues studied under light microscope after being fixed on glass slides and processed

Histopathology

•DEFINITION OF PATHOLOGY:

- •The word 'Pathology' is derived from two **Greek words—pathos** meaning **suffering**, and **logos** meaning **study**.
- •Pathology is, thus, scientific study of structure and function of the body in disease; or in other words,
- •pathology consists of the abnormalities that occur in normal anatomy (including histology) and physiology owing to disease.

Tissues Processing

- Tissues taken from organs, before or after death, are processed on microscope slides in multiple steps like cutting, fixation, dehydration, staining, etc.
- After processing, slides are examined under light microscope



Biopsy: It's a histological sample taken from the living animal (through an operation) in order to diagnose the disease.

1-it should be contains both the affected and intact parts of tissue.

Autopsy (necropsy):

It's a histological sample taken from the after death or after postmortem examination. 2- should be have appropriate size for fixation (about 1 one cm³).

3-fixed immediadiately without washing.

4- Treming for it with a sharp scalp and avoid any destruction to the piece of tissue.

Light Microscope

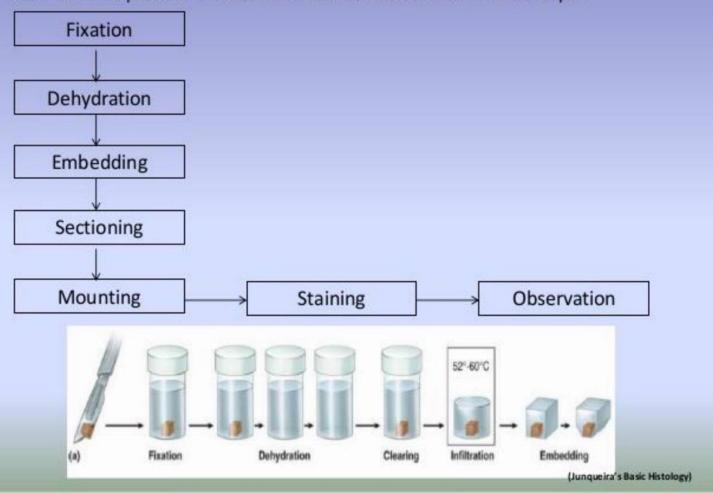


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How to Prepare a Slide

In order to view the cellular components of a tissue, it has to be processed in a step wise manner to produce a "slide" which can be viewed under a microscope.



Fixation

Aims of fixation:

- **1-** prevent putrefaction of the tissue by the saprophytic bacteria.
- **2-** prevent autolysis of the tissue architecture by the effecting lysozymes.
- **3-** keep the tissue component as possible as it is in the living body.

Types of Fixatives

- 1- Formalin fixative 10% (common).
- 2- Bouin 's solution.
- 3- Alcohol fixatives e.g.: Methanol, Ethanol, Carnyou's (freezing).
 - 4- Glutral aldehyde (Electron microscope).

The aims of fixation:

- 1- prevent enzyme action.
- 2- optimal preservation of tissue outline details.

Processing of the tissue sample

This process can be done Automatically with Histokinett

OR

Manually.

Its include the following steps:

A- **Dehydration:**

by gradual concentrations of alcohol(ethanol 100%):

2 hours	(washing)
	2 hours

70 % alcohol 2hours

80% 2hours

90% 2 hours

95% 2 hours

100% 2 hours

100% 2 hours

B- Clearance

Replacement of alcohol by Xylene or chloroform for 2 hours / tow times as following:

Xylene (1) 2 hours

Xylene (2) 2 hours

<u>Aim</u> of this treatment is the predisposing the tissue for next treatment;

C- Impregnation with paraffin:

Liquid paraffin (56 °C) 2 hours Liquid paraffin (56 °C) 2 hour

<u>Aim</u> of this treatment in order to penetrate the tissue components with paraffin.

Bolcking

- 1- Liquid paraffin (56 °C)
- 2- 2 L-shape metal pieces
- 3- 15 min in room temperature
- 4- overnight in refrigerator

Microtomy

By using the <u>microtome instrument</u>:

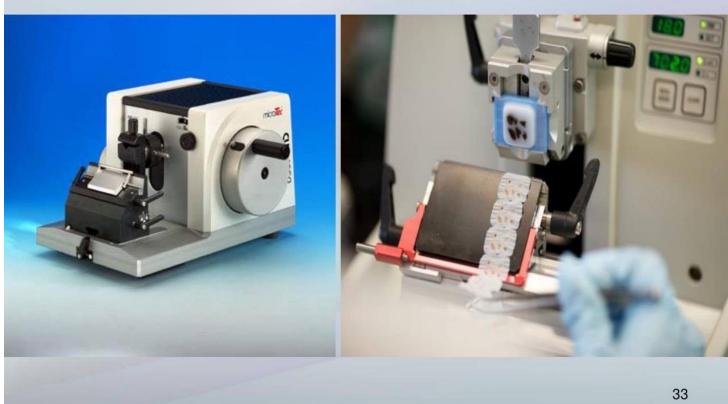
1- 5-6 μm (thickness of slices)

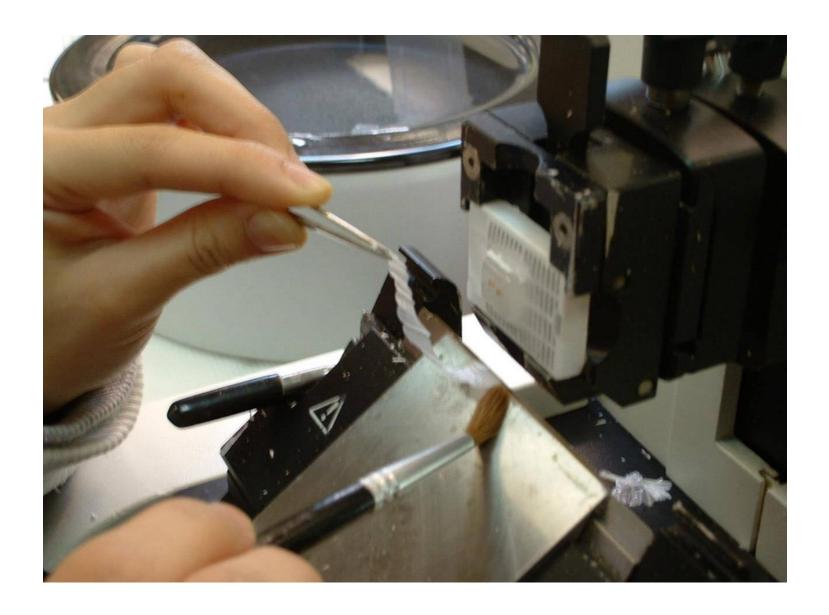
$$(\mu m = 1x10 \text{ meter})$$

- 2- in water path 37 °C
- 3- Clean the slide with a drop of egg albumin or glycerin.
- 4- Oven 37 °C overnight

60 °C 2 hours.

Sectioning





Staining

- After being fixed on slides, tissue section stained
- Dyes most commonly used in histology are Hematoxylin and Eosin (H&E)
 - Nucleus → Blue
 - Cytoplasm→ Red





Staining

1- Deparaffinization

Removing of paraffin from tissue skices by:

•	Xylene	15-30	min
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• Xylene 15-30 min

2- Rehydration:

By using decreased concentrations of ethyl alcohol:

100 %	alcohol	2 min
100 %	alcohol	2 min
90 %	alcohol	2 min
80 %	alcohol	2 min
70 %	alcohol	2 min
	D.W.	2 min

4- DEHYDRATION:

done by the same manner as in step one (rehydration) but with increasing concentrations of ethyl alcohol as following:

70%	2 min
80%	2 min
90%	2 min
100%	2 min
100%	2 min

5- CLEARING:

done by:

Xylene 15-30 min

Xylene 15-30 min

6- Covering with cover slips:

Done by putting a small drop of Canada balsam or DPX, on a clean coverslip (or on clean staining slide) and covered the staining tissue immediately to ovoid drying of tissue, then keep it in the oven for drying.

3- Routine staining: Hematoxyline and Eosin (H&E stain)

1- Hematoxyline

10-15 min

It's a basic stain that give the acidic structures in the tissue like nucleus the <u>blue color</u>.

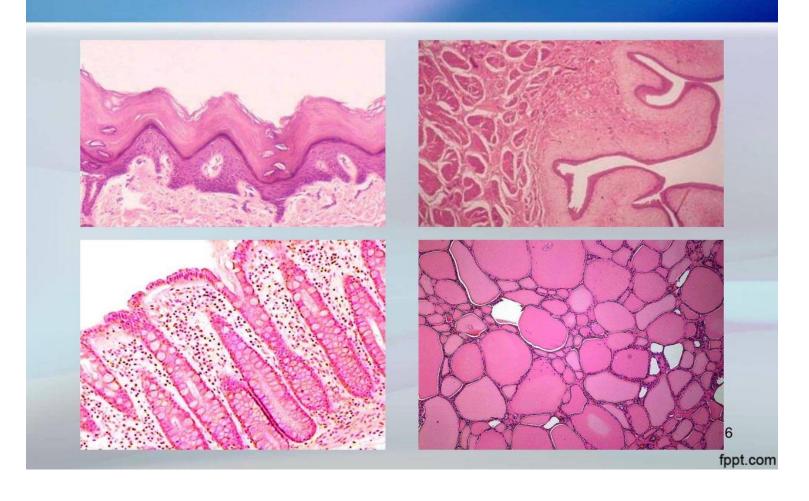
Tap water	10	min	(clear)
Acid alcohol	1-2	dip	

2- Eosin

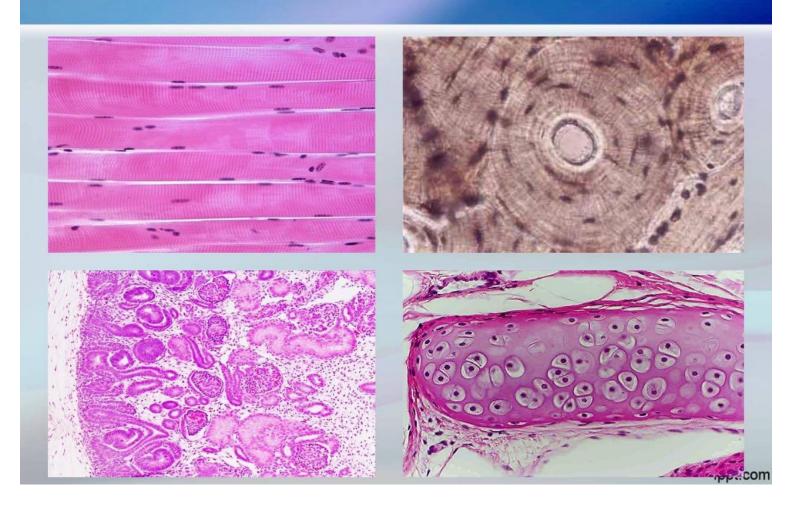
5 min

It's acidic stain that gives the basic structure in the tissue like endoplasmic reticulum the <u>red color</u>.

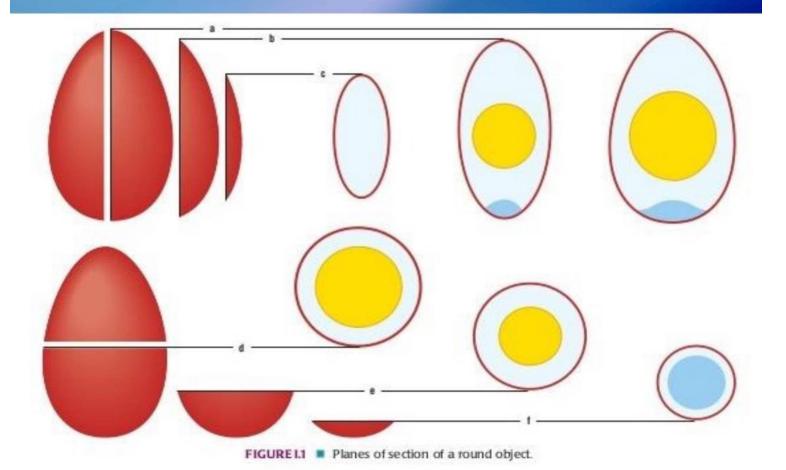
Tissues Under Light Microscope



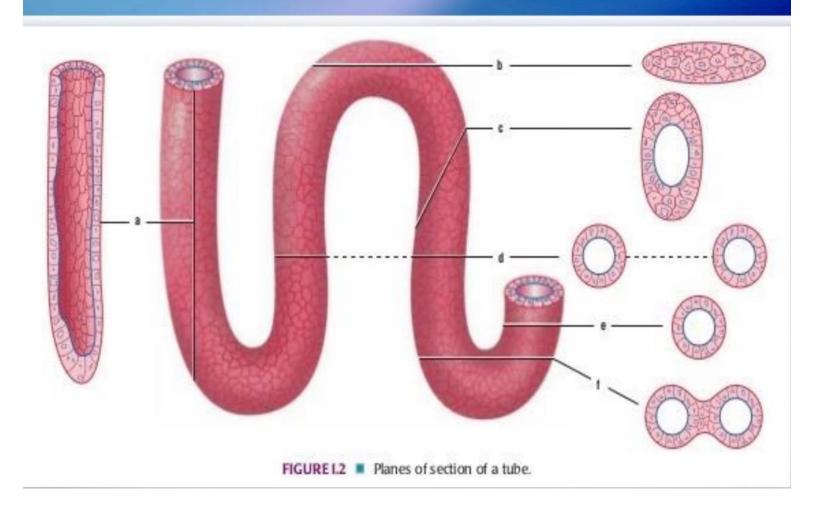
Tissues Under Light Microscope



Sections in Histology



Sections in Histology



Elements of Medical Word

- A medical word consists of some or all of the following elements:
 - Word root
 - Combining form
 - Prefix
 - Suffix

- Hist o logy
 root comb. suffix
 form
- How you combine these elements, and whether all or some of them are present in a medical term, determines the meaning of a word

Word Root

- A word root is the foundation of a medical term and contains its primary meaning
- All medical terms have at least one word root
- Most word roots are derived from Greek or Latin language
- Thus, two different roots may have the same meaning; for example, the Greek word (*dermatos*) and the Latin word (*cutane*) both refer to the skin
- As a general rule, Greek roots are used to build words that describe a <u>disease</u>, <u>condition</u>, <u>treatment</u>, <u>or</u> <u>diagnosis</u>. Latin roots are used to build words that describe <u>anatomical structures</u>

Examples of Word Roots									
This table lists examples of word roots as well as their phonetic pronunciations. Begin learning the pronunciations as you review the information below.									
English Term	Greek or Latin Term*	Word Root	Word Analysis						
skin	dermatos (Gr)	dermat	dermat/itis (dĕr-mă-TĪ-tĭs): inflamma- tion of the skin						
			A term that describes a skin disease						
	cutis (L)	cutane	cutane/ous (sŭb-kū-TĀ-nē-ŭs): pertaining to the skin						
			A term that describes an anatomical structure						
kidney	nephros (Gr)	nephr	nephr/oma (nĕ-FRŌ-mã): tumor of the kidney						
			A term that describes a kidney disease						
	renes (L)	ren	ren/al (RĒ-năl): pertains to the kidney						
			A term that describes an anatomical structure						
mouth	stomatos (Gr)	stomat	stomat/itis (stō-mă-TĪ-tĭs): inflam- mation of the mouth						
			A term that describes any inflammatory condition of the mouth						
	oris (L)	or	or/al (OR-ăl): pertaining to the mouth						
			A term that describes an anatomical structure						

Combining Forms

- A combining form is created when a word root is combined with a vowel
- The vowel, known as a combining vowel, is usually an o, but sometimes it is an i
- The combining vowel has no meaning of its own, but enables two word elements to be connected
- Like the word root, the combining form is the basic foundation to which other word elements are added to build a complete medical word

Combining Forms

Table

Examples of Combining Forms

This table illustrates how word roots and vowels create combining forms. Learning combining forms rather than word roots makes pronunciation a little easier because of the terminal vowel. For example, in the table below, the word roots gastr and nephr are difficult to pronounce, whereas their combining forms gastr/o and nephr/o are easier to pronounce.

Word Root	+	Vowel	=	Combining Form	Meaning
erythr/	+	0	=	erythr/o	red
gastr/	+	0	=	gastr/o	stomach
hepat/	+	0	=	hepat/o	liver
immun/	+	0	=	immun/o	immune, immunity, safe
nephr/	+	0	=	nephr/o	kidney
oste/	+	0	=	oste/o	bone

Prefix

- A prefix is a word element attached to the beginning of a word or word root
- However, not all medical terms have a prefix
- Adding or changing a prefix changes the meaning of the word
- The prefix usually indicates a number, time, position, direction, or negation
- Many of the same prefixes used in medical terminology are also used in the English language

Prefixes

Table	Examples of Prefixes								
	This table lists examples of prefixes as well as their phonetic pronunciations. Begin learning the pronunciations as you review the information below.								
	Prefix	+	Word Root	+	Suffix	=	Medical Word	Meaning	
	an-	+	esthes	+	-ia	=	anesthesia	condition of not feeling	
	(without, not)		(feeling)		(condition)		ăn-ĕs-THĒ-zē-ă		
	hyper-	+	therm	+	-ia	=	hyperthermia	condition of excessive	
	(excessive, above normal)		(heat)		(condition)		hī-pĕr-THĚR-mē-ă	heat	
	intra-	+	muscul	+	-ar	=	intramuscular	pertaining to within	
	(in, within)		(muscle)		(pertaining to)		ĭn-tră-MŬS-kū-lăr	the muscle	
	para-	+	nas	+	-al	=	paranasal	pertaining to (area)	
	(near, beside; beyond)		(nose)		(pertaining to)		păr-ă-NĀ-săl	near the nose	
	poly-	+	ur	+	-ia	=	polyuria	condition of much	
	many, much		(urine)		(condition)		pŏl-ē-Ū-rē-ă	urine Activ	

Suffix

- A suffix is a word element placed at the end of a word that changes the meaning of the word
- In the terms tonsill/itis, and tonsill/ectomy, the suffixes are -it is (inflammation) and -ectomy (excision, removal)
- Changing the suffix changes the meaning of the word
- In medical terminology, a suffix usually describes a pathology (disease or abnormality), symptom, surgical or diagnostic procedure, or part of speech
- Many suffixes are derived from Greek or Latin words

Suffixes

Table Examples of Suffixes

This table lists examples of pathological suffixes as well as their phonetic pronunciations. Begin learning the pronunciations as you review the information below.

Combining					
Form	+	Suffix	=	Medical Word	Meaning
	+	-itis	=	gastritis	inflammation of the stomach
		(inflammation)		găs-TRĪ-tĭs	
gastr/o	+	-megaly	=	gastromegaly	enlargement of the stomach
(stomach)		(enlargement)		găs-trō-MĚG-ă-lē	
	+ -oma		=	gastroma	tumor of the stomach
		(tumor)		găs-TRŌ-mă	
	+	-itis	=	hepatitis	inflammation of the liver
		(inflammation)		hĕp-ă-TĪ-tĭs	
hepat/o	+	-megaly	=	hepatomegaly	enlargement of the liver
(liver)		(enlargement)		hĕp-ă-tō-MĚG-ă-lē	
	+	-oma	=	hepatoma	tumor of the liver
		(tumor)		hĕp-ă-TŌ-mă	Activate Wi

Examples

Echo- cardio- graphy

prefix=

sound

root= heart

suffix= imaging (=imaging of the heart by ultrasound)

Electro- cardio- graphy (=recording the

prefix= electricity

root= heart

suffix= imaging

heart electrical activity)

Gastro- eter-

root 1=

root 2=

suffix=

(=inflammation of stomach and stomach small intestine inflammation small intestine

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Examples

- Root: cardium = heart
- Peri-cardium: around the heart
- Cardio-gram: recording of heart
- Cardio-myo-pathy: disease of the heart muscle

Common Roots

- Nephro kidney
- Hepato liver
- Pulmo lung
- Cardio heart
- Cyto cell
- Rhino nose
- Naso nose

Special Stains

- 1- Van gieson's stain (collagen fibers: Pink).
- 2- Sudan III (Fat: orange).
- 3- Van kossa (calcium: dark blue).
- 4- Congo red (Amyloid: red).
- 5- Periodic acid shift stain (PAS) (Fungi: red).
- 6- Muci-carmin (Fungi: red; Glycogen:).
- 7- Acid Fast stain (Ziehl-Nelson stain) (*Mycobacterium*: red).
- 8- Giemsa stain (cytoplasmic granules: red or purple).

